

Marriage Mentoree Information

Definition

A marriage mentoree couple can be defined simply as a couple that recognizes that they do not have a perfect marriage and desires to enter into relationship with a more experienced couple that can shepherd them into a deeper more committed relationship with each other and with Jesus Christ.

Criteria to be a Mentored Couple

As a couple who desires to take advantage of the CCC Marriage Mentor program, the mentoree couple should complete the Mentoring request form and be able to articulate their desired outcome of this relationship.

Relationship Focus

The mission of the mentoring relationship is to inspire marriages into deeper relationships in Jesus Christ. By creating a situation where a mentor couple avails themselves to allow God to work through them in the context of relationship with one other couple, community is experienced. This one-on-one relationship is a strictly confidential relationship that is specifically intended to accomplish one of three objectives.

- Preparation for marriage or transition into married life (Prepare)
- Recovery from a difficult situation in the marriage (Repair)
- Guidance into a richer more fulfilling relationship (Renew)

In any case, the focus is on supporting, encouraging, and enriching the marriage relationship by sharing life together.

It is recommended that, in addition to the mentoring relationship, both mentors and mentoree couples participate in the community group ministry within the larger body of Cascade Covenant Church.

What does the mentoring relationship look like?

Mentors and mentoree couples will be matched, based on the desires of the mentorees and the history/experience of the mentor couples. Establishing rapport and authentic connection is key in establishing a successful relationship. Ministry Leadership will remain in contact with both the mentor and mentoree couples, particularly early in the mentoring relationship to ensure that a good couple match is established. Occasionally, it may be necessary to replace the mentor couple in order to establish the highest probability of success, based primarily on the objectives of the mentoree couple.

The mentoring relationship is intentionally flexible. Once the mentor and mentoree couple engage, they have the opportunity to establish specific goals and objectives that they hope to accomplish in the relationship. As a result, meeting times, lengths, frequency can all be adjusted to meet the objective of the relationship, but should be no less than monthly. Both couples, with the understanding that there may be unique/emergency situations that may require special care and understanding to

work through, should mutually agree upon boundaries for communication (frequency, method, etc.). Upon completion of the initial goals or objectives of the relationship, the couples may mutually agree to establish new goals, focus on another area in their relationship, or may dissolve the relationship.

Commitment

The mentoree couple shall commit to working with their mentor couple to establish a realistic time frame and meeting schedule which will accomplish their objectives for entering into the relationship.

Resources:

There are many resources that are available for the mentoree couples, from study curricula to support services. It is important to note that the mentoring relationship is not designed to replace professional counseling services that may be required, depending on the objectives of the mentoree couple. CCC and your mentor couple can assist if such services are required.

The Prepare and Enrich Ministry offers the “Couple Checkup”, a comprehensive relationship evaluation survey measuring couple compatibility in many different areas of their relationship. This may be a good tool for mentor and mentoree couples to use for further discussion or to identify growth areas in their relationship.